

OHIO RACEWALKER



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Fast Times At Cedarville

(Hey this is the Ohio Racewalker! Why not feature something from Ohio for a change? Particularly when we have a ready-made article from Vince Peters himself.)

Cedarville, Ohio, Feb. 13—It was rocking in the Doden Field Hours on the campus of Cedarville University Friday night when the racewalks took place. A charter bus load of student athletes from Cornerstone University of Grand Rapids, Michigan, stood, cheered, and encouraged their teammates in the walks. Soon athletes from Goshen, Lindsey Wilson, Cumberland, and Rio Grande joined in. And it paid off as rising racewalker Cody Risch reached the super-star status. The talented senior destroyed a men's field that included 2012 Olympic Trials finalists Mike Mannozi and Dan Serianni. Risch led from start to finish to win in a national collegiate leading time of 12:04.

Nathan Vanderwall, Jacob Gunderkline, Mitchell Brickson, and Isaac Withrow joined Risch in qualifying for the College Indoor T&F Nationals on Friday March 1 in Geneva, Ohio. Meanwhile, the athletes from all of the NCAA schools sat bewildered by all of the hoopla, totally without understanding of this Olympic T&F event.

Preceding the men's race, the women walkers put on a very competitive show. Katie Burnett and Jill Cobb swapped leads before Burnett broke loose with four laps to go. Burnett, Cobb, and Susan Randall, who walked a PR 14:02, were all Olympic Trials finalists in 2012. Erin Helmuth and Abby Dunn (Maine's HS state champ in 2012) walked PR times.

Reine Brickson, Brianna Griffiths, Kayhla Ovokaitys, Jourdann Green, and Amanda Bland joined Goshen College's Helmuth and Dunn in qualifying for the NAIA intercollegiate indoor T&F Championships. Yellow Springs (Ohio) resident Niki Worsham walked to the third fastest time in the USA this year for HS students with her 80 second PR. The results:
Women: 1. Katie Burnett, un. 13:52.01 2. Jill Cobb, Miami Valley TC 13:59.0 3. Susan Randall, Miami Valley 14:02.36 4. Erin Helmuth, Goshen College 15:12.09 5. Abby Dunn, Goshen College 15:13.99 7. Brianni Griffiths, Cornerstone U. 16:32.54 8. Katie Smith, un. 16:37.539. Kayla Ovokaitys, Cornerstone 16:42.06 10. Jourdann Green, Lindsey Wilson College 16:49.81 11. Amanda Bland, Lindsey Wilson 16:54.51 12. Niki Worsham, Miami Valley 17:24.24 13. Sarah Kenny, Miami Valley 17:41.80 14. Ashley Campos, Cumberlands U. 17:52.36 15. Melissa Roark, Cumberlands 20:05.57 16. Barb Hensley, Miami Valley 22:49.01 (1 DNF) **Men**—1. Cody Risch, Cornerstone U. 12:04.83 (Not far off the meet and Fieldhouse record of 11:47.90 set by Matt Boyles in 2007) 2. Mike Mannozi, Shore AC 12:37.67 (Hey, Elliott? Why are you stealing our Ohio walkers!) 3. Dan Serianni, World Class RW 12:52.78 4. Nathan Vandderwall, Cornerstone 13:41.64 5. Joel Pfahler, Miami Valley 13:58.79 6. Omar Nash, Miami Valley 14:09.02 7. Jacob Gunderkline, Goshen College 14:18.15 8. Mitchell Brickson, Goshen 14:28.27 9. Isaac Withrow, Cornerstone 15:13.94 10. Travis Flach, Rio Grande U. 16:23.98 11. Vince Peters, Miami Valley 16:51.14 12. Bernard Graham, Lindsey Wilson 17:19.93

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2012 U.S. 50 Km Rankings and List

(In the December Rankings issue I completely neglected U.S. 50 Km walkers. I had my data already to go but in my usual state of senility, never input it. And, I didn't even realize this oversight until early this month, when Dave Talcott, in a separate communication, noted his disappointment that my rankings neglected the 50 for U.S. walkers. "What?" I said to myself. But, when I looked, nothing was there. So, here we go. Since only three people walked more than one 50, there is no reason to rank the athletes other than by time. The rankings and list are for all walkers—male and female.)

- | | |
|--|---|
| 1. John Nunn
4:03:28 (43 rd) Olympics, 8/11
4:04:41 (1) US Trials 1/22 | 6. Erin Taylor-Talcott
4:33:23 (6) US Trials 1/ 22 |
| 2. Tim Seaman
4:05:20 (2) US Trials 1/22 | 7. Dan Serianni
4:38:26 (7) US Trials 1/ 22 |
| 3. Ben Shorey
4:17:30 (3) US Trials 1/22 | 8. Allen James
4:39:25 (8) US Trials 1/ 22 |
| 4. Patrick Stroupe
4:19:43 (4) US Trials ½2 | 9. Ray Sharp
4:41:45 (8) US Trials 1/ 22
4:44:14 (6) Cottage Valley, NY 10/28 |
| 5. Erich Cordero
4:28:03 (5) US Trials 1/ 22
4:28:57 (2) Valley Cottage 10/30 | 10. Michael Mannozi
4:48:19 (9) US Trials 1/ 22 |
- Others:
4:49:05 Ian Whatley
4:57:47 Omar Nash
5:16:20 Tammy Stevenson
5:24 :19 Dave McGovern

Michta, Hallman Capture National 1 Mile Titles

New York City, Feb. 16—The historic Millrose Games T&F meet included the USATF Indoor 1 Mile Championship racewalks for both women and men. In the women's race Maria Michta scored a relatively easy victory over Miranda Melville, her 6:40.6 06 leaving Melville more than 9 seconds back. Melville barely withstood the challenge of Ohio's Erika Shaver to capture the silver. Katie Burnett was also under 7 minutes in fourth. In the men's race, Jonathan Hallman captured his first senior title, surviving the challenge of Dan Serianni for a 6:07.62 win. The results:

Women 1. Maria Michta, Walk USA 6:40.06 2. Miranda Melville, NYAC 6:49.32 3. Erika

Shaver, Dayton, Ohio 6:49.44 4. Katie Burnett, Bellevue, Wash. 6:54.27 5. Susan Randall, Miami Valley TC 7:10.04 6. Natalia Alfonso, St. Louis RW 7:15.14 7. Erin Taylor-Talcott, Shore AC 7:17.06 8. Loretta Schuellein-McGovern, World Class RW 7:26.24 9. Rachel Tylock, Penfield, NY 7:30.40 10. Kang Jiwon, Park RW 7:37.65 11. Tina Peters, Miami Valley TC 7:50.84 12. Maria Gorecki, Somers, N.Y. 7:57.13 13. Sophia Mahin, Park RW 8:16:01 DQ—Brittany Collins, Walk USA

Men: 1. Jonathan Hallman, Shore AC 6:07.62 2. Dan Serianni, World Class RW 6:10.64 3. Michael Mannozi, Shore AC 6:28.00 4. Rich Luettchau, Shore AC 6:45.76 5. Joel Pfahler, Miami Valley TC 6:50.89 6. Dave McGovern, World Class RW 7:12.34 7. Dave Talcott, Shore AC 7:12.99 (McGovern and Talcott both rule their households, but the margin is narrow.) 8. Geraldo Flores, South Texas WC 7:20.18 Judges: Gary Westerfield, Chief; Elliott Denman, Asst. Chief; Maryanne Daniel; Ron Daniel; Bill Pollinger; and Lon Wilson

Challenge Gets Underway In Mexico

Chihuahua, Mexico, Feb. 23 (Based on IAAF report)—The 11th edition of the IAAF Racwalking Challenge was launched here today with Portugal's Ines Henriques, Mexico's Isaac Palma, and Norway's Erik Tysse scoring victories, the first two at 20 Km and Tysse at 50.

For Henriques, it was her third consecutive win in the season-launching Mexican event as she overcame teammate Ana Cabecinha with a 1:33:46 performance. Norway's Kjersti Platzer is the only other woman to win here three times.

Palma edged away from Canada's Inaki Gomez in the closing stages of the men's 20 to win by 16 seconds in 1:24:02, with four other Mexicans and Poland's Grzegorz Sudol not far back, Sudol sandwiched in the middle of the Mexican pack.

Tysse, in his first 50 since October 2009, dominated the second half of the race to win in 3:55:23, 61 seconds ahead of Mexico's Omar Zepeda. Tysse was fifth in the 2008 Beijing Olympics.

In the women's 20, Henriques and Cabecinha took the early lead and passed 10 Km in 46:49 with almost a one minute lead over the rest of the field. Henriques got away at about 12 Km and continued to build a lead to the finish, which she reached in 1:33:36, 28 seconds ahead of her countrywoman. Mexico's Monica Equihua repeated her third-place performance of last year, finishing in 1:36:29.

Well pleased with her performance, Henriques said, "I am very happy to have won in Chihuahua again. Changing a course did not affect me. If you are in good shape, you walk well. I feel very comfortable here."

In the men's 20, a large pack stayed together through the first 10 Km, passed in 42:24. At 15, the pack had been halved and soon the race was down to four men with the disqualification of Mexico's Jesus Bega. In the final two 2-Km laps, Palma and Gomez moved to the front and then Palma found an extra gear to pull away for the win, improving on his fourth place finish in 2012. Gomez was pleased with a second Challenge podium, finish, having been third in Hobart in 2012.

Another Gomez, Mexico's Pablo, took third in a photo-finish with Teammate Diego Hinojosa. Sudol captured sixth, just clear of two more Mexicans. Palma's brother Ever finished eighth. Missing from the Mexican team were two 2012 Olympians, Horacio Nava and Jose Leyver, both out with injuries. A local boy, Nava was silver medalist in the 2012 World Cup 50.

In the 50, Mexico's Luis Bustamante and Cristian Berdeja took an early lead and reached 20 Km in 1:32:51, half a minute ahead of Tysse, and 2:20 ahead of a group of four led Mexican aces Omar Zepeda and Omar Segura. Berdeja could not keep up the pace, but Bustamante maintained nearly a half-minute lead up to 35 Km. Tysse soon took over the lead,

however, and cruised to the victory, over Zepeda, who finished strongly over the second half of the race, leaving Segura well back in third. Bustamante finished fourth in a personal best 3:59:07.

The 32-year-old Tysse said: "I would like to thank the people of Chihuahua for supporting all competitors. Wining in Mexico is always an honor considering all the tradition and so many good athletes this country has." Tysse had been third here in 2008

Results:

Women's 20 Km: 1. Ines Henriques, Portugal 1:33:36 2. Ana Cabecinha, Portugal 1:34:14 3. Monic Equiha, Mexico 1:35:29 4. Arabelly Orjuela, Colombia 1:36:16 5. Rusaoli Ortiz, Mexico 1:37:21 6. Wendy Cornejo, Bolivia 1:39:36 7. Yanelli Caballero, Mexico 1:39:37 8. Yeseida Carrillo, Colombia 1:39:38 9. Lisbeth Silva, Mexico 1:40:54 10. Zaira Jauregui, Mexico 1:42:42 11. Ingrid Hernandez, Colombia 1:44:31 12. Gabriela Gonzalez, Mexico 1:46:04 13. Tania Gonzalez, Mexico 1:46:10 14. Sandra Nevarez, Mexico 1:47:06 (21 finishers, 1 DQ, 3 DNF)

Men's 20 Km: Isaac Palma, Mexico 1:24:02 2. Inaki Gomez, Canada 1:24:18 3. Pedro Daniel Gomez, Mexico 1:24:34 4. Diego Flores, Mexico 1:24:34 5. Grzegorz Sudol, Poland 1:25:06 6. Giovanni Torres, Mexico 1:25:12 7. Alvaro Garcia, Mexico 1:25:12 8. Ever Palma, Mexico 1:25:26 9. Curtis Sanchez, Mexico 1:27:30 10. Andrei Talashka, Belarus 1:28:02 11. Rafal Sikora, Poland 1:28:06 12. Julio Cesar Salazar, Mexico 1:29:13 14. Cristian Gomez, Mexico 1:29:36 15. Adrian Ochoa, Mexico 1:31:37 16. Yerko Araya, Chile 1:31:49 17. Luis Lopez, Portugal 1:31:25 18. Jorge Alejandro Martinez, Mexico 1:34:00 19. Jesus Luna, Mexico 1:34:17 20. Alfredo Rodriguez, Mexico 1:35:28 (25 finishers (6 DQ, 6 DNF)

Men's 50 Km: 1. Erik Tysse, Norway 3:55:25 2. Omar Zepeda, Mexico 3:56:24 3. Omar Segura, Mexico 3:57:48 4. Luis Bustamante, Mexico 3:59:07 5. Edward Araya, Chile 4:00:31 6. Clemente Garcia, Mexico 4:08:40 7. David Cristian Berdeja, Mexico 4:12:12 8. Yerenman Salazar, Venezuela 4:16:34 9. Alexander Castaneda, Colombia 4:23:12 10. Etiet Soto, Mexico 4:26:06 11. Luis Jose Solis, Mexico 4:36:01 12. Andrei Stepanchuk, Belarus 4:36:02 (1 DNF, 1 DQ)

Jr. 10 Km—1. Ricardo Rivera, Mexico 43:34 2. Omar Pinedo 43:57 **Women**—1. Alejandra Ortego 47:39

Tallent Also Wins Challenge Race

Hobart, Australia, Feb. 24—Three-time Olympic medalist Jared Tallent scored a commanding win in the Australian and Oceania 20 Km Championships today. The race is part of the IAAF Racewalking Challenge, but drew only Australian walkers. The women's race went to Tanya Holliday, 24, also against an all Australian field.

While Tallent was in complete control of his race, winning in 1:22:10, 20-year-old Dane Bird-Smith had a very impressive race, finishing just 17 seconds behind Tallent. Luke Adams was third in 1:23:48. Bird-Smith is coached by his father Dave Smith, an Olympian in both 1980 and 1984

Tallent noted: "My wife Claire and I are making some pretty big changes this year by moving to Adelaide soon and also with her taking over as my coach. It's been a good move for me so far. I am stoked to have her there with me every session and her support is insurmountable." The results:

Women's 20 Km—1. Tanya Holliday 1:34:32 2. Cheryl Webb 1:35:46 3. Rachel Tallent 1:36:50 4. Kelly Ruddick 1:36:58 5. Staphanie Stigwood 1:38:33 6. Lauren Bourke 1:45:52 7. Kirstin Shaw 1:59:20 8. Mathilde Lacaze 2:06:20

Men's 20 Km—1. Jared Tallent 1:22:10 2. Dane Bird-Smith 1:22:27 3. Luke Adams 1:23:48 4. Chris Erickson 1:25:15 5. Rhydan Cowley 1:25:40 6. Jesse Osborne 1:29:24 7. Kim Mottrom

1:31:26 8. Kyle Malone 1:31:30 9. Nick Dewar 1:32:51 11. Brendon Reading 1:36:58 12. Justin Hill 1:41:02 (16 finishers, 2 DQ)

Remaining Challenge Races

March 1, Taicang, China; March 10 Asian Racewalk Championships, Nomi, Japan; March 17—Lugano Trophy, Lugano, Switzerland; April 6 African Racewalk Championships, Maurice, Mauritania; also April 6 Rio Maior, Portugal; April 13 Podebrady, Czech Republic; May 1 Sesto San Giovanni, Italy; May 19, European Racewalking Cup, Dudince, Slovakia; May 25-26 Pan Am Racewalking Cup, Lima, Peru; June 1 La Coruna, Italy; June 29 Dublin, Ireland; August 10-16 IAAF World Championships, Moscow.. Distances are not given in my source, but most are 20 Km races for men and women. Taicang probably has a 50 as well and the European Cup, Pan Am Cup, and World Championships all will include a 50.

Other Results

USATF East Region and NE Masters 3000 Meters Championship, Providence, R.I., Jan. 27—1. Ed O'Rourke III (51) 15:10.15 3. Maryanne Daniel (54) 16:04.81 3. Don Lawrence (53) 16:49.19 4. Stephen Peckiconis (53) 17:30.20 5. Jack Lazor (16) 17:45.09 6. Brian Savilonis (62) 18:13.61 7. Joe Light (65) 19:34.83 8. Holly Wenninger (48) 10:08.70 9. Charles Mansbach (68) 20:26.40 (12 finishers) **Girl's High School Championships, New York City: Brooklyn Borough, Feb. 10**—1. Hannah Wilson 8:23.73 2. Winnie Yu 8:47.60 **Manhattan Borough, Feb. 11**—1. Yang Ou 7:54.15 2. Mei Yin Wu 8:12.48 3. Luo Qi Kong 8:17.40 4. Wan Kong 8:19.49 **1500 meters, Landover, Maryland., Dec. 16**—1. Peter Blank 8:41.46 **3000 meters, same place**—1. Lubin Hernandez Palomino (52) 17:30.55 2. Irene Fletemeyer (17) 17:56.59 3. James Carmines (69) 19:20.07 4. John Morrison (64) 20:35.09 5. Thomas Augustine (62) 20:36.53 6. Kay Brinkley (66) 20:43.37 7. Lois Dicker (73) 20:57.46 (10 finishers) **1500, Arlington, Vir., Jan. 13**—1. Peter Blank 8:48.3 **3000, same place**—1. Lubin Palomino 17:58.0 2. James Moreland (60) 19:00.0 3. John Morrison 19:10.0 4. Thomas Augustine (3) 20:18.0 5. Sheldon Contract (73) 20:37.7 56. Victor Litwinski (70) 20:50.0 **3000 meters, Landover, Maryland, Jan. 20**—1. Peter Blank 17:49.99 2. John Morrison 19:28.80 3. Thomas Augustine 20:39.36 **1500 meters, Arlington, Vir., Jan. 27**—1. Peter Blank 8:41.3 **3000 meters, same place**—1. Timothy Good (53) 18:40.8 2. John Morrison 18:42.1 3. Victor Litwinski 20:37.6 4. Thomas Augustine 20:50.1 5. Sheldon Contract 20:59.8 **1500 meters, Landover, Feb. 2**—1. Peter Blank 8:37.0 **3000 meters, same place**—Irene Fletemeyer 17:16.87 2. Lubin Palomino 17:17.02 3. John Morrison 18:52.62 4. Matthew Dyack (10) 10:00.05 5. Thomas Augustine 20:48.24 **High School 1600 meters, Bethesda, Md., Jan. 26**—1. Cliff Tiley 7:08.57 2. Moses Watson 7:20.41 3. Cole McCabe 8:40.78 **Girls**—1. Irene Fletemeyer 8:17.26 2. Cierra Wells 9:20.17 **Girl's 17-18 3000 meters, Maryland, Feb. 19**—Irene Fletemeyer 17:36.10 **1 Mile, Winston-Salem, N.C., Feb. 3**—1. Erika Shaver 7:04.27 2. Ali Bahr (4) 7:47.82 3. Deborah Springer (39) 9:44.07 (5 finishers) **Men**—1. Ian Whatley (53) 7:10.15 2. Mike DeWitt (62) 8:58.61 3. Alan Moore (67) 9:40.08 **3000 meters, Hillside, Ill., Feb. 2**: **Girls** 15-16—1. Anali Cisneros 16:25.23 **Girls** 17-18—1. Cassandra Delgado 15:51.54 2. Jennife Lopez 16:11.91 **Boys** 17-18—1. Alexander Peters 13:18.40 2. Anthony Peters 13:45.80 **3000 meters, Jacksonville, Ill., Feb. 2**—1. Alek Jakobsen, Ashford U. 15:25.14 2. David Coutts, St. Louis RW 15:42.63 3. Jim Scout, Abe's Striders 15:53.40 4. Dominique DeRosena (France), Loncoln Collegte 18:58.90 **Women**—1. Kaitlyn Loeffler, Central Methodist U. 16:54.14 2. Lea Young, un. 1:05.23 2. Lauren Breithaupt, Baker U. 17:19.81 4. Ellerie Lagerhausen, Ashford U. 17:44.47 **3000 meters, Carthage, Col, Wis.**—1. Matthew DeWitt 14:36.07 2. Pablo Gomez (41) 14:59.00 3. Mercedes Mancha, St. Xavier U. 16:50.31 4. Donna Green (60) 18:39.04 5. Ron Winkler (62) 20:55.39 6. Foris McGire (64) 21:00.82 **3000 meters, Colombia, Missouri, Feb. 15**—1. Patrick Stroupe 12:03.26 2. Nick Christie, Missouri Baptist 12:48.87 3.

Alejandro Chavez, Miss. Baptist 13:39.75 4. Aleksander Jakobsen, Ashford U. 15:07.54 (Both Christie and Chavez were conserving energy for later events in this indoor track meet, so did not seriously challenge Stroupe, not to belittle his excellent time.) Women-1. Mereth Zalba, Miss. Baptist 14:15.93 2. Nicole Court-Menendez, Dakota Wesleyan 15:54.41 3. Molly Josephs, Miss. Baptist 16:15.87 4. Ellerie Lagerhausen, Ashford 17:45.02 **1500 meters, Austin, Texas, Feb. 10**—1. Fiona Dunleavy (16) 7:25.8 (Texas H.S. record) 2. Lojza Vosta (70) 9:19.8 **5000 meters, San Diego, Cal., Feb. 17**—1. Andreas Gustafsson, Sweden 19:24.80 (11:38.69 at 3000) 2. Tim Seaman 20:23.25 (12:06.24 at 3000; both 3000 and 5000 are new U.S. 40-44 records) 3. Joe Nieroski 29:49.79 4. Concepcion Vasquez, Mexico 32:09.15 (John Nunn had 12:09.05 at 3000) Women-1. Liz Salvato 28:56.04 2. Gina Bentley 33:13.00 3. Jolene Steigerwalt 34:05.00

15 Km, Algarve, Portugal, Jan. 27—1. Ana Cabecinha 1:06.54 **30 Km, Montesilvano, Italy, Jan. 27**—1. Jean Jacques Nkouloukidi 2:15:17 2. Federico Tontodonati 2:15:33 3. Daniel Paris 2:15:46 4. Andres Adragua 2:16:47 5. Ricardo Macchia 2:16:49 (12 finishers) **Women's 20 Km, same place**—1. Eleonara Giorgi 1:34:24 2. Alesia Zapparol 1:41:33 (8 finishers) **Jr. 10 Km, same place**—1. Vito Minei 43:54 2. Francesco 44:59 (14 finishers) **Jr. Women's 10 Km, same place**—1. Anna Clemente 49:30 2. Alessi Constantino 50:00 (11 finishers) **Indoor 3000 meters, Portugal, Jan. 27**—1. Vera Santos 13:21.63 2. Sandra Silva 14:14 03. Lilian Martins 14:27.35 (15 finishers, 3 DQ) **Men's 5000, same place**—1. Sergio Vieira 19:58.44 2. Joao Vieira 20:11.66 (16 finishers, 4 DQ) **Indoor 3000, Samara, Russia, Jan. 31**—1. Iga Kaniskina 11:57.86 2. Tatiana Akulinoshkina 13:05.59 3. Anna Ermina 13:11.75 **5000 meters, same place**—1. Igor Erokhin 18:28.57 2. Valeriy Borchin 18:43.33 3. Sergey Kirlyapkin 19:28.35 **Central American Championships, Feb. 3: Men's 20 Km**—1. Allen Segura, Costa Rica 1:38:52 2. Mario Alfonso Bran, Guatemala 1:42:02 3. Salvador Mira El Salvador 1:43:40 **Women's 10 Km**—1. Cristina Lopez, El Salvador 55:48 **Indoor 3000, Athlone, Ireland, Jan. 27**—1. Robert Heffernan 11:13.92 2. Alex Wright 11:23.99 3. Luke Hickey 12:34.16 4. James Traynor 12:57:64 **Portuguese Indoor Championships, Domingo, Feb. 10**—1. Joao Vieira 19:40.31 2. Sergio Vieira 18:47.89 (11 finishers, 3 DQ) 1. Vera Santos 13:05.86 2. Sandra Silva 14:12.13 (13 finishers, 1 DQ) **10 Km, London Feb. 9**—1. Alex Wright 41:24 2. Dominic King 44:26 (25 finishers) **Greek Indoor Championships, Athens, Feb. 10**—1. Alexandros Papamihail 19:37:00 2. Zacharias Tsamodokis 20:21.07 **Women's 3000**—1. Despina Zapounidou 13:01.73 **Ugo Frigerio Trophy 10 Km, Genoa Italy, Feb. 10** (Ugo Frigerio was the Olympic 10 Km gold medalist in both 1920 and 1924. Racewalking was dropped in the 1928 Games and was then revived in 1932, but with only a 50 Km event. The aging Frigerio came back to the Games and captured the bronze medal an event unfamiliar to him.) 1. Zhen Wang, China 40:38 2. Zhendong Wang, China 41:47 3. Fanwong Zy China 42:07 (The Chinese have been coached by Sandro Damilano for the last couple of years. Apparently, they are training in Italy at present. Sandro is the brother of 1980 Olympic gold medalist Maurizio Damilano.) **8 Hours, Carly-sur-Marne, France, Feb. 16**—1. Urain Girod 78,325 meters (4:48:17 at 50 Km) 2. Remi Bonnette 75,570 meters **20 Km, Madrid, Feb. 9**—1. Jose Ignacio Diaz 1:28:09 **Women's 10 Km, same place**—1. Julia Takacs 44:40 **5000 meters, Portugal, Feb. 16**—1. Joao Vieira 19:29.06 2. Sergio Vieira 19:31.32 3. Dionicio Ventura 20:30.34 4. Pedro Isidro 20:38.07 5. Miguel Carralo 20:42.04 (11 finishers, 2 DQ, 3 DNF) **Women's 3000, same place**—1. Ana Cabecinha 12:21.56 2. Ines Henriques 12:25.36 3. Daniela Cordoso 12:37.13 (12 finishers, 1 DQ 1 DNF) **French Indoor Championships, Aubiere, Feb. 17**—1. Antonia Boyez 19:06.16 2. Djamel Selseldab 20:52.56 (12 finishers) **Women's 3000, same place**—1. Emilee Tissos 13:15.29 2. Ines Pastorino 13:20:06 3. Anne-Gaelle Retout 13:22.03 (13 finishers) **Lithuanian Indoor Championships, Siauliai, Feb. 17**—1. Marius Ziukas 19:49.46 2. Genadi Kozlovskiy 20:30.62 (7 finishers, 1DQ) **Women's 3000, same**

place—1. Njeringa Aidietye 13:26.93 2. Inga Mastianica 13:38.23 3. Gintare Vaiciukeviciute (a junior) 13:42.99 (13 finishers, 1 DQ) **Polish Indoor Championships, Spala, Jan. 16: Men's 5000**—1. Grzegorz Sudol 19:03.48 2. Dawid Tomala 19:13.16 3. Lukasz Nowak 18:18.66 4. Rafal Augustyn 19:22.98 5. Rafal Sikora 19:35.81 6. Lukasz Ausustyn 20:56.76 **Women's 3000**—Katarzyna Kwoka 12:21.40 2. Paulina Buzniak 12:31.62 3. Agnieszka Dygacz 12:58.64 4. Justyna Swierczynska 13:19.58 **23 Hour, Gournes, France, Feb. 23-24**—1. David Regy 205,386 meters 2. Jean-Marie Roualt 210,232 3. Dominique Bunel 197,394 **Women**—1. Dominique Alverha 178,506 2. Sylvie Maison 171,339

Japanese Championships, Kobe Feb. 17—Check these times and the depth of performance. Are the Japanese going to challenge the Chinese for Asian supremacy, or are these results akin to the infamous annual Russian Winter Championships? Either answer is speculation at this point and I suppose that I should not speculate but just present the results as they come to me. So here they are. **Men's 20 Km**—1. Yusuke Suzuki 1:19:02 (National record) 2. Takumi Saito 1:20:05 3. Koichiro Morioka 1:20:14 4. Eiki Takahasi 1:20:25 5. Takao Yosida 1:20:47 6. Isamu Fujisawa 1:20:50 7. Takayuki Tarii 1:21:06 8. Hirooki Arai 1:21:28 (75 participants, 13 under 1:24; 20th place in 1:26:44) **Women's 20 Km**—1. Kumi Otsoshi 1:30:45 2. Kumiko Okada 1:32:22 3. Hiroi Maeda 1:33:14 4. Tomomi Maekawa 1:35:28 5. Ai Michiguchi 1:35:29 6. Chioki Asada 1:36:51 7. Yumi Nemoto 1:37:47 8. Fumiko Okobe 1:38:32 (31 participated) **Junior Men's 10 Km**—1. Toshikazu Yaminishi 41:14 2. Kouta Yamada 41:15 3. Tenta Kawazima 41:40 4. Yuga Yamashita 41:58 5. Yuuki Kurumisawa 42:08 6. Hiomu Matsumura 42:21 7. Tomihiro Nada 42:37 8. Kouki Horanai 43:07 (97 participants) **Women's Junior 5 Km**—1. Mamoko Mizoto 23:11 2. Akaano Habara 23:21 3. Miyuu Hobae 23:40 4. Rena Gotou 23:43 5. Manaka Shirii 23:56 6. Humie Hasimoto 23:57 7. Eriko Yoshida 23:58 8. Hiroko Takano 24:00 ... and speaking of the Russian Winter Championships. ... **Fast Winter Times in Russia, As Always: Sochi, Feb. 23: Women's 20 Km**—1. Yelanova Lashmanova 1:25:49 2. Anisya Kirlyapkina 1:26:59 3. Vera Sokolova 1:26:00 **Men's 20 Km**—1. Pegter Trofimov 1:18:28 2. Andrew Rusavin 1:19:08 3. Denis Gunmen 1:19:53 **Men's 35 Km**—1. Sergei Bakulin 2:26:08 2. Alex Bartsay 2:27:43 3. Mikhail Ryshov 2:28:09

Indian Championships, Patela, Feb. 24: Men's 20 Km—1. Gurmeet Singh 1:21:17 2.. Chandan Singh 1:23:28 3. Babu Bhai 1:24:01 4. Baljinder Singh 1:24:22 5. Surinder Singh 1:24:28 6. Garapathi 1:26:06 7. Mani Ram 1:27:23 8. Jitender Singh 1:27:23 9. Deepak Kumar 1:29:46 10. Naveen Dalal 1:30:00 **Women**—1. Khushbir Dour 1:38:52 2. Gaurau Kumari 1:43:16 **50 Km**—1. Sandeep 4:02 2. Damen Singh 4:12:17 3. Manish Singh 4:13.65 **Italian Indoor Championships Men's 5000**—1. Giorgio Rubio 19:32.51 2. Ricardo Macchio 19:41.53 3. Vito di Bari 19:59.08 4. Andres Adragua 20:20.45 5. Leonardo dei Tus 20:32.65 (14 finishers, 2 DQ) **Women's 3000**—1. Antonella Palmisano 12:53.3 2. Adelina da Soccio 13:23.33 3. Elena Poli 13:52.75 4. Cecilia Stetskiv 13:57.02 (11 finishers, 2 DQ)

Question. Why does everyone contest a 5000 meter event for men, but only 3000 meters for women? Is sexism rearing its ugly head as it often does? The poor weak women can't struggle through another 2000 meters?

Upcoming Races

March 1-3	National USATF Indoor 3000 meters, Albuquerque, N.M. (D)
Sun. March 3	SE Masters 1500 meters, Winston Salem, NC (E)
Sun. March 10	Florida State races at 5 to 50 Km (B)

- 2000 meters, Farmingville, N.Y. (K)
 20 Km and 2 Miles, Houston, Texas (G)
 Fri. March 16 3000 meters, Columbia, Missouri (V)
 1 Mile, Houston, Texas (G)
 Sun. March 17 Pan-Am Cup Trials and U.S. Masters 20 Km, Huntington Beach, CA (D)
 5 Km, Wallkill, N.Y. (S)
 Fri. March 22 **USATF Masters Indoor 3000 meters, Landover, Maryland (D)**
 Indoor 1 Mile, New York City
 Sun. March 24 Ron Zinn Memorial 10 Km, Wall Twp. N.J. (A)
 Thur. March 28 5000 meters, Goshen College, Indiana (R)
 Sat. March 30 5000 meters, Shawnee, Oklahoma (G)
 Sat. April 6 5000 meters, Fayette, Missouri (V)
 5 Km, New Orleans ((W)
 Sun. April 7 5000 and 10,000 meters, Upper Nyack, N.Y. (N)
 Sat. April 13 Carolina Masters 3000 meters, Charlotte, N.C. (E)
 Sun. April 14 1 Hour, Ottawa, Ontario (Z)
 3000 meters, Farmingville, N.Y. (K)
 Sun. April 21 102nd Coney Island 10 Mile Handicap, Coney Island, Brooklyn (P)
 Sat. April 27 Penn Relays 5000 women and 10,000 men, Philadelphia (L)
 5000 meters, Goshen College, Indian (R)
 Sat. May 4 1500 meters and 5 Km, , Palo Alto, Cal. (J)
 5 Km, Portsmouth, N.H. (S)
 Sun. May 5 **USATF National 10 Km, Hauppague, N.Y. (D)**
 Jack Mortland 5, 10, and 20 Km, Dayton, Ohio ((M)

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 Z Roger Burrows, roger@bvtownwalkerfs.ca

From Heel To Toe

Troy Engle. On Feb. 14, USATF announced the staff for the IAAF Outdoor T&F Championships in Moscow, August 10-18. One of the men's assistants is Troy Engle, a national-class racewalker in the early 1980s and now a very successful track coach at West Point. In 1984, Troy had a 4:18:11 for 50 Km, finishing fourth in the National title race. Later that year, he finished sixth in the Olympic Trials. He also had his best 20 that year, a 1:34:47 for eleventh in the Trials. . . **History request.** Tom Dooley, two-time Olympian racewalker (1968 and 1972), now perhaps the world's leading collector of racewalking memorabilia, is seeking photos of Henry Cieman, Adolph Weinacker, and Price King. Tom's address is 2817 San Simeon Way, San Carlos, CA 94070. (For the second time, I have misplaced Tom's phone number and e-mail address. Also, I should have run this notice last month, but just uncovered the note to myself. Senility, you know. Sorry Tom.) . . **Note.** This issue completes our 48th year of publication. Never imagined that when Jack Blackburn and I started this humble venture. Can it be the ORW will reach 50? And in June, Marty and I will reach 50 years of wedded bliss—a blessed journey, indeed.) . . **Liberty Games.** This from Bill Vayo: The Liberty Games is a nine-day, Olympic-style sports festival held in the Capital Region of New York state during July. A total of 17 spots will be contested, including track and field. Racewalking will be a highlighted event, and will feature two days of races. A 10,000 meter race for Open and Masters athletes will be held Friday, July 19 in the late afternoon. The next day, a 5000 for Open and Masters athletes, a 3000 for Scholastics, and a 1500 for Youth will be held concurrently. In addition, a judging seminar will be conducted by several of the top racewalking officials in the country. This will be held prior to the 10,000. These officials will then give on the job training to aspiring judges during the event. There are also plans for a coaching seminar to be held Friday evening. You don't need to be a resident of either New York or the U.S. to participate. Nor, do you need a USATF membership. Learn more at essportscouncil.org/liberty-games. Or, contact Bill at bgillvayo@gillgraphicsdesign.com. . . **Olga.** Commenting on Olga Kaniskina's 19:47 for 3000 meters, reported in last month's issue, Canada's Roger Burrows notes: "Pending any news that would ruin my day, I will take Olga's time and just assume that an all-Russian panel of judges did not qualify the performance for World Record status. I have been a big fan of hers for some time. Anyone in the club having a particularly good workout is named "Olga" for the day, which has led to tension among some non-olgas. . . Taking nothing away from "the kid" (Lashmanova). I saw her at the World Juniors in Moncton. First, the Russian team-walking was really impressive coaching and execution—more like choreography than a race plan. Second, when Elena finally broke away from her teammate just after 9000 meters, I remember thinking "that tall girl really is amazing".

2012 Senior National Team

As announced by National Chair Ron Daniel.

In commenting on the men's team, Ron notes: "Significantly, the list shows an important trend that eight of the twelve are less than 30 years of age." He also notes the presence of Tyler Sorenson, still in the junior ranks, but deserving of a place off his excellent 20 Km record. On the other hand, we can't help but notice the well-deserved presence of Tim Seaman, now in the master's ranks and Ian Whatley (53) on the 20 Km team; Joanne Dow, nearing her 49th birthday on the women's 20 Km team; and Seaman, Allen James (48), Ray

Sharp (5 3), and Whatley on the 50 Km list. All certainly deserve their spots with super performances for masters athletes. But it speaks to the fact that we still have development work to do if he old timers can still make such a team.

Men 20 Km

Trevor Barron, New York AC
Tim Seaman, New York AC
Nick Christie, un
Dan Serianni, World Class Racewalking
Michael Mannozi, Shore AC
Tyler Sorenson, Champions International
Ben Shorey, Shore AC
Richard Luettchau, Shore AC
Patrick Stroupe, un
John Nunn, US Army
Ian Whatley, World Class Racing
Erich Cordero, Shore AC

Women 20 Km

Maria Michta, Walk USA
Miranda Melville, un.
Erin Gray, Bowerman AC
Jill Cobb, Miami Valley TC
Joanne Dow, un
Lauren Forgues, New York AC
Susan Randall, Miami Valley TC
Stephanie Casey, un.
Katie Burnett, un
Solomiya Login, SE Penn TC
Erin Taylor-Talcott, Shore AC
Nicole Bonk, Embry Riddle U.

50 Km

John Nunn, US Army
Tim Seaman, New York AC
Ben Shorey, un
Patrick Stroupe, un.
Erich Cordero, Shore AC
Erin Taylor-Talcott, Shore AC
Allen James, un.
Ray Sharp, un.
Dan Serianni, World Class RW
Michael Mannozi, Shore AC
Ian Whatley, World Class RW
Omar Nash, Miami Valley TC

Obituaries

Too frequently over the past couple of years we have had to report the deaths of those with a special place in our racewalking community. Unfortunately, there are two more this month.

John Gray, a long-time racewalker and runner, died on Jan. 10 at age 88. John was a frequent age-division champion as walker, an amiable presence at countless races, and the author of the 1985 book *Racewalking for Run and Fitness*, a book that rests on your editor's bookshelves. He was also such a fixture in the running community that an annual 10 Km and Half-marathon on Cape Cod were named in his honor while he was still a competitor. Thanks to Charlie Mansbach for bringing John's death to our attention.

Chris Schmid died on February 13 in Lakewood, Ohio, where he had recently bought a new home, moving from Wooster, Ohio. He was just two weeks past his 66th birthday. Entering the racewalking world about five years ago, the German native, blazed a trail of national age-group titles and age-group records, while competing for Dave McGovern's World Class Racewalking team. Dave remembers Chris as follows:

"Although all of Chris's tributes mention his amazing athleticism, they all also

mention what an incredibly kind, generous person he was. I first met Chris at an indoor clinic held in Indianapolis in February of 2007. Chris had been a soccer player and dabbled in mountaineering, but was never a big fan of running for recreation. He wanted to get/stay in shape so he decided to try racewalking. He was a little robotic at first, but worked hard to refine his technique and took to it fairly quickly. Chris was extremely inquisitive. Although he always faithfully followed my training schedules, probably more so than any other athlete, he also always wanted to know why he was doing every workout. I learned to include LOTS of notes in his training schedules! As Chris learned more and improved as a racewalker, he was always very generous his knowledge. He was always the first to give up his secrets because he knew that there are no secrets: Hard work is the answer, and Chris worked harder than any of his competitors, plain and simple. Chris was more than happy to work with beginners, as did at my Clinic this past August in Lakewood, near Cleveland.

"I always looked forward to seeing Chris. We talked a lot, and it was almost never about racewalking. I loved that! Everything seemed to be going great for Chris. He had just moved into a new lake house and was busy moving in and making repairs. He talked about his family, his wife, his kids, and grandkids. We spent a lot of time catching up at my Clinic in August and during many hours together during the National 40Km in September. I last saw Chris at the National 30 at the end of October. He had another amazing race. of course, but I remember joking with him about his date with my wife, Loretta, with who he walked the entire race start to finish. This is a huge blow to our sport. To know Chris was to love him. I'm so heartbroken personally, for his family, and to anyone who never had the honor of meeting the man."

Chris was named as the USATF Master Walker of the year in 2009, 2010, and 2011. In private life, Chris had served as president of LuK, Inc, Tekfor, and Wooster Hydrostatics. He was the board of directors of several companies and foundations. His passion was the encouragement of economic development and entrepreneurship in Wooster and the entire Northeast Ohio region and he was instrumental in bringing new businesses to the area. He is survived by his wife Laurel and sons Andreas and Derek. Cards may be sent to Laurel at 1046 Kenneth Avenue, Lakewood, OH 44107..

Remembering Al Heppner

While dwelling on deaths, it was nine years ago this month, that Al Heppner took his own life after again falling short in the 50 Km Olympic Trials. A poem was recently posted on line by Ben (not identified further, but quite possibly Ben Shorey, like Al a U.W.-Parkside product.) Ben's poem follows:

I'm remembering how Al made me smile
And how I thought with one more chance
He'd be able to make the big dance
Andy maybe then he'd be happy for a while.

On February 19th 2004
Al took the leap to nevermore.
I know that I almost cried
When I read about his last ride
And it touched me deep inside
The day Al Heppner died.

You're still missed racewalking guy
Reporter extraordinaire,

Mind in deep despair,
Because things went awry.
And I'm still thinking: Why?
Why did Al have to die?

In our Feb. 2004 issue, above our front page story on the 50 Km Trial, we wrote:
In the following article on the Olympic 50 Km Trial you will find that Al Heppner finished fifth. Three days later, Al took his own life, jumping off a bridge. During his 29 years, Al brought much joy to many and lived a full, productive life, touching many both in our sport and beyond it. That he felt his performance in this race was cause to end that life is something none of us can comprehend.

"We will all remember your talent, your drive and commitment to the sport. Those of us whose paths you have crossed will remember you fondly. Your tortured soul is now silent. May you rest in peace." Stella Cashman.

"Don't dwell on the last four days. Remember who he was when you saw him in his element, the man you knew for years." Cheryl Rellinger.

Al loved to write and wrote well. He was witty and entertaining. He often sent me articles on races and other things, but I never had room to print it all. But I had some of his things on file and honored him by publishing two of his articles in that February 2004 issue as a memoriam. I will repeat one of these here Al had sent me this during a European racewalking tour..

Bridges and Buckingham

by Al Heppner
April 17, 2002

Contrary to what you sang as a child, London Bridge is not falling down. John Nunn and I went there yesterday and it looked just fine, thank you. The only things that were falling down were John and I from the 8-hour time change. Fortunately, England has Red Bull everywhere. I had seven. Forget the wings, Red Bull turned me into Sonic the Hedgehog. John doesn't consume caffeine, so I drank another one, hoping he would catch some of the drink radiating from my pores.

Since I was wide awake, I dragged John down to the Wimbledon Championship Tennis Courts, or so I thought. The home of the grand slam tennis tournament was not at the Wimbledon subway stop, nor was it at the Wimbledon Park stop. We should've known better than to get directions from Chinese tourists in England who speak English, "very, very bad" as they put it. The courts were actually at the Southfield exit.

It turned out to be worth the effort after all. The Wimbledon tennis Museum was awesome and I even took Anna Kournikova home with me. That poster will look great on my wall

In the morning, we racewalked by Buckingham Place, where the queen lives, during the daily changing of the guard. As a result, there were thousands of people lining the streets to watch the guards march in. To avoid the crowd, we racewalked right down the middle of the street. At first, a couple of people started laughing, but then the crowd erupted into a roar of applause. Later, we walked by a girl who yelled out "Korzeniowski". Sometimes, I'm mistaken for the three-time Olympic Gold Medalist. Or maybe it was John.

Because the cars here drive on the wrong side of the road, crossing the street is very confusing. And it's even more dangerous when you're with John, because he just runs across the street regardless of whether cars are coming or not.

When Sean Albert pointed out to John that you're supposed to cross when the little green guy appears on the crosswalk signal, John replied, "But I like the red guy. He has courage. He just goes!"

Even though I'm way less confused than I'll be in my other stops (Spain, Germany, and Switzerland), because, well, the speak English here, it can be a little tricky if you don't know the lingo.

And since John was making fun of my dictionary.com word of the day e-mail I receive daily, I'm sending you the Johnnunnwhatsacrosswalk?.com words of the day.

English word: hump American translation: speed bump.

English word: mind the gap. American translation: watch your step.

I'll try to watch mine. Good Thing it says "LOOK LEFT" or "LOOK RIGHT" in huge letters, in the street or I would've been run over by now.

And as I did then, I find myself asking again, "What happened to that zest for life on that fateful Wednesday evening?"

* * * *

In the January issue, I recognized Bill Clark's election to the Missouri Sports Hall of Fame. In a letter of thanks from Bill he reminisced a bit. Here is some of what he wrote.

The first time I offered the 100-miler, no one came, but we did a 50-miler. The next year, Larry Neil showed up and a few others none of who went past 50 miles, so all I had to do was tell Larry his time each lap. I remember them being between 3:10 and 3:20 for the last 200 laps.

The man was amazing. He went to the restroom once in 24 hours. The restroom was a public facility just off the track. He used a sidewalk to it and came back to the track at a different place. He kept his form all the way to the little house and went back on form as he left the little house. Because he entered at a different spot than he left, the AAU refused to recognize his performance as a modern record.

I went before them at the National AAU meeting with two survey reports. First, the 1/4 mile track was 4 inches long at the designated spot from the curb. Thus, Larry walked a distance of 100 miles 133.3 feet.

Second, the distance to and from the restroom was about 100 feet longer than the distance on the track straightway. Since he was on form all the way, he actually covered 100 miles, 78 yards! The AAU approved the record,

I'll never forget the hot day the road melted at a National 30 and the Big Red Duck's (Jack Blackburn) shoe stuck in the asphalt and came off. I think that was the day Ron Laird hit the wall and his worst time ever. *(Ed. As did everyone else, but not so bad as Ron. It was 1966. Ron Daniel won in 2:57:07. Larry Young, just coming into his own, was second in 3:01:13 and your editor was third in 3:02:43. Laird finished in 4:04:05, but he finished. And, yes, Jack Blackburn did walk right out of a shoe that was stuck in the tar. Yep. A hot day.)*

When I went into baseball scouting full time and became deeply involved with weight lifting, I formed the Columbia Track Club and let others take care of things. Joe Duncan's house was where we organized and he's been the man ever since.

I still follow the game in the ORW and have—if I can find them—every issue you ever wrote, plus some of Chris McCarthy's stuff. . . I still treasure the days when I was a part of the racewalking world as much as anything I've done in the world of sport. *(Bill is also in the Weightlifting Hall of Fame, the local Bowling Hall of Fame, the State H.S. officials Hall, the prisons corrections Hall, and is recognized as one of five scouts responsible for opening up international baseball.)*

My direction these days—in the nine years since I left baseball—is as a columnist where I review theater, music, and history and write about the people who make our community so great—people few really know. I've now become the bird watchers columnist, as well.

LOOKING BACK

50 Years Ago (From the February 1963 American Race Walker, published by Chris McCarthy in Chicago)—The National AAU 1 Mile Championship race, contested in Madison Square Garden, went to Ron Zinn for the third straight year. The 23-year-old Army lieutenant finished in 6:42.0, 5.1 seconds ahead of Ron Laird. Close on Laird's heels was Bill Omeltchenko, who finished in 6:49. Alan Blakeslee was fourth in 6:52 and four others broke 7 minutes. . . A week earlier, Akos Szekely, only sixth in the national race, had beaten Zinn at the New York AC Games with a 6:38.2. However, he had a 35 yard head start in the handicap race. Zinn walked 6:41.8 from scratch. . . A week after the National, Zinn won the New York K of C race in 6:36.3. . . Szekely, a West Point cadet, won the IC4A collegiate mile in 6:56.6 as West Pointers, following the Zinn example, swept the first four places. . . Mike Brodie won the Golden West Invitational 1 Mile in San Francisco in 6:38.

45 Years Ago (From the February 1968 ORW)—In the National AAU Indoor 1 Mile, Ron Laird won in 6:16.9, after capturing one of two qualifying heats in 6:42.9. Dan Totheroh edged Larry Young for second with a 6:23.4 to 6:24.7. Larry Walker finished in 6:19.5, but was DQ'd. . . In late news, we learned of a great 100 Km effort by the GDR's Christoph Hohne the previous fall. Passing 50 Km in 4:23:47, the German ace went on to win the Swiss race in 9:15:58. . . Tom Dooley did 20 miles on the track in 2:40:39, passing 30 Km in 2:28:47. . . Laird, shooting for a world 30 Km record, called it a day after passing 15 miles in 1:54:51.

40 Years Ago (From the February 1973 ORW)—Ron Daniel prevailed in the National AAU 1 Mile race, covering the distance in 6:22. His NYAC teammate, Ron Kulik, copped second in 6:24.2, with Todd Scully just missing a chance to compete against the Soviets with his 6:25.7 in fourth. Lynn Olson won the women's title with a quick 7:39 ahead of Jeanne Bocci, who was then DQ'd. Thus, second went to Ellen Minkow in 8:06 with Carol Mohanco, Kettering, Ohio, just 2 seconds back in third. . . Daniel also won the Olympic Invitational 500 meters in a close race with John Knifton, Kulik, Scully, and newcomer Dan O'Connor. . . Times were 5:57.2, 5:58.2, 5:58.5, 6:00.7, and 6:03.5. . . 16-year-old Sue Brodock showed some promise with a 7:55.7 mile in a girl's race in California. Later, she did 7:17 for 1500 meters.

35 Years Ago (From the February 1978 ORW)—We made a big mistake in our lead headline, which we didn't notice until 10 years later when doing the Looking Back feature. Apparently no one else had noticed either, or they just passed it off as another of the famous ORW typos. Anyway, the head reads "Liers Defends Indoor Title." The only problem—Sue Brodock won the race, which was the National Indoor 1 Mile, and it was she who was defending the title. (I guess when you've seen one Sue, you've seen them all.) Borodck's 7:01.7 bettered her own record of 7:05.9. Liers was a distant second in 7:34.9 with Tracy Trisco third. The Men's 2 Mile title went to Todd Scully in 13:07.6. Dan O'Connor (13:20.2) edged Jim Heiring (13:21.2) for second. Ron Daniel and Dave Romansky were next, about 14 seconds back. . . Neal Pyke walked an American record 6:04 mile in San Francisco and Scully did 1500 meters in 5:47.9 at the Olympic Invitational, another American record. Scully also won miles in the Millrose Games and in Philadelphia. . . Larry Walker won the LA Times mile in 6:26.5.

30 Years Ago (From the February 1983 ORW)—Leading all the way, Ray Sharp won the National Indoor 2 Mile title in a record 12:13.33. Jim Heiring stayed close, but could never quite challenge for the lead and finished second in 12:15.36. Dan O'Connor and Todd Scully were also under 13 minutes, with Troy Engle and Wil Preischel rounding out the top six. . . The Women's 1 Mile title went to Sue Brodock in 7:14.67, less than 3 seconds ahead of Teresa Vaill. Susan Liers, Vicki Jones, Chris Anderson, and Carol Brown followed. . . Heiring set an American record for 3 Km in Chicago, winning in 11:32.15, better than a half-minute ahead of

Tim Lewis. . . Sharp blasted a 5:47.98 for the mile in Albuquerque, beating Heiring by 7 seconds, and won the L.A. Times in a "pedestrian" 6:07.8, with Dan O'Connor, Tom Edwards, Gary Morgan, and Todd Scully on his heels.

25 Years Ago (From the February 1988 ORW)—At Research Triangle Park, N.C., Carl Schueler scored an impressive National 5 Km victory in 4:02:55, his fifth title at the distance. Carl blasted the final 10 Km in 44:50 to move easily away from Andy Kaestner (4:11:10) and Jim Heiring (4:12:37). Dan Pierce (4:18:00) and Mark Green (4:18:47) were next, as 14 walkers went under 4:30. Just getting started on an illustrious, Curt Clausen, just 20 years old at the time, was eleventh in 4:27:25. . . Maryanne Torrellas edged Teresa Vaill to win the National Indoor 3 Km in 12:45:38. Teresa had 12:47:32. Lynn Weik was third in 13:24:88. Canada's Guillaume Leblanc led the men's 5 Km in 19:56:05, 6 seconds ahead of Gary Morgan. Paul Wick (20:11:42) and Mike Stoudt (20:25:50) followed. Leblanc's time placed him seventh on the All-Time World List at that time. . . Tim Lewis had a World's best time of 5:33.53 in winning the Millrose race by 20 seconds over Gary Morgan. He had another World best 5:13.53 in winning the Vitalis Invitational 1500 meters. . . Torrellas did 6:37.06 for 1 Mile in Fairfax, Virginia, beating Weik by 11 seconds.

20 Years Ago (From the February 1993 ORW)—Jonathan Matthews won the National 50 Km in Palo Alto with a 4:01:36. Next was Herm Nelson in 54:09:49, then Andrzej Chylinski in 4:14:14 and Paul Wick in 4:16:48. . . Great Britain swept the U.S. men in an indoor 3 Km in Birmingham, England. Martin Rush (11:40.54) was first, followed by Darrell Stone and Derek Bell. Dave McGovern led the U.S. with 11:57.41 and Ian Whatley had 12:23.56. In the women's race, Sara Standley won in 13:00.40 with Victoria Herazo second in 13:08.95. . . Debbi Lawrence beat Standley in the Fairfax 1 Mile with a 6:2.18. Sara had 6:35.18 and Victoria Herazo 6:47.82.

15 Years Ago (From the February 1998 ORW)—The National 50 Km in Palo Alto saw Canada's Tim Berrett crossing the line first in 3:55:08. Second, and winning the U.S. title was Curt Clausen in 3:57:24. That bettered his personal best, dating back to 1988 (see above), by half-an-hour, as became the sixth U.S. walker all-time to better 4 hours. Tim Seaman, in his 50 Km debut, was third in 4:05:35 and Andrew Hermann came fourth in 4:08:00. . . Clausen also had an indoor 3 Km win in 11:40.3. . . In Australia, Nick A'Hern had a quick 20 Km in 1:21:40, beating New Zealand's Craig Barrett (1:22:20).

10 Years Ago (From the February 2003 ORW)—High schooler Zac Pollinger won the Millrose Games 1 Mile in 6:41.19. . . Michelle Rohl did 12:37.90 for an indoor 3 Km in Findlay, Ohio. In the men's race, Adam Staier (12:07.4) edged Matt Boyles (12:07.7). . . In Wisconsin, Ben Shorey had a 12 22.74 for 3 Km and 43:55 for 10 Km, both indoors. . . The Spanish 50 Km went to Mikel Odriozola in 3:42:03 ahead of Jesus Garcia (3:46:03). The women's 20 went to Maria asco in 1:30:52 with Eva Trujillo and Maria Cruz Dias close behind.

5 Years Ago (From the February 2008 ORW)—In the 50 Km Olympic Trials in Miami, Philip Dunn pulled away from Matt Boyles in the final 10 Km to win in 4:12:55. Boyles led through 30 Km and was just 12 seconds back at 40 but faded in the final 10. Ben Shorey was third in 4:27:14. . . Two weeks later, Boyles won the National Indoor 5 Km in Boston in 20:30.00, 29 seconds ahead of Patrick Stroupe. . . The women's 3 Km title went to 45-year-old Teresa Vaill in 13:08.40. Joanne Dow, a youngster at 43, was a close second in 13:09.61, well ahead of youngsters Sam Cohen and Maria Michta. . . In Russia, Olga Kaniskina bettered the World 20 Km record with a 1:25:11, but there were not three certified judges on hand as needed for record approval. At the same site, Valeriy Borchin had a 1:17:55